Shake-it!

DESCRIPTION:
Shake-it! was created to provide a highly concentrated source of vitamins, minerals, fiber and protein, without a lot of calories, sugar, carbs or fat! The amazing meal replacement contains 5 grams of soluble fiber, which helps you feel fuller longer. So, when Shake-it! is combined with a balanced diet and exercise, success is in sight! Having to control intake of food can sometimes be difficult, but Shake-it! makes it an easy and tasty way to embrace a low-calorie alternative to some of those higher calorie meals. Available in two flavor options: Chocolate and Cookies & Cream.

FEATURES & BENEFITS*:
- 15 grams of plant-based proteins
- 5 grams of soluble fiber helps to maintain a healthy digestive system and helps you feel full longer
- Fortified with more than 20 vitamins and minerals
- A smart calorie choice: Chocolate, 190 calories per serving; Cookies & Cream, 200 calories per serving
- Low in fat: Chocolate, 3.5 grams per serving; Cookies & Cream, 3 grams per serving. No trans fats!
- Ideal for vegetarians; lactose free
- Sweetened with Stevia, a natural zero-calorie sweetener
- No high fructose corn syrup, preservatives, or hormones
- No artificial colors or sweeteners
- Enhanced with cacao
- A balanced alternative at breakfast, lunch, or dinner

USAGE:
- Mix one 54-gram serving (one packet / two scoops) with 240 ml of water
- Shake-it! may also be mixed with skim or low fat milk, or your favorite dairy alternative, including almond milk
- For a perfect mix, use the aNuMe shaker bottle
- Complement daily with a balanced diet, exercise, and our Go!, Sync!, Vita+ and Momentum products

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
DESCRIPTION:

Support your busy morning activities with a gentle boost of energy and stave off hunger with Go!, the second step in the aNuMe Nutritional Program. These capsules are enriched with natural caffeine from green tea, vitamin B complex and vitamin C, which together act as a natural energy source to fuel your body along with soluble fiber to help curb hunger and provide a sense of fullness.

FEATURES & BENEFITS*:

- Enhances your body’s physical and mental energy during the day with a complete range of B-vitamins and caffeine from green tea
- Enriched with apple pectin, a soluble dietary fiber that has been shown to help regulate the digestive system and create a prolonged feeling of satiety
- Enhanced with cocoa
- Innovative blend of phytonutrients to provide antioxidant protection

USAGE:

- Take two capsules per day between breakfast and lunch. Do not exceed the recommended daily intake.
- Complement with a balanced diet, exercise, and the Sync!, Shake-it!, Vita+ and Momentum products from aNuMe.

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Sync!

DESCRIPTION:
End your daily routine with Sync!, the final step in the aNuMe Nutritional Program. These easy-to-swallow capsules contain a scientifically-selected blend of ingredients including magnesium and lemon balm, which support a natural sensation of calmness and relaxation, and soluble fiber which aids in managing hunger and provides a sense of fullness. Sync! helps your body unwind from the stress of the day and promotes optimal rest, preparing you to awaken the next morning in perfect harmony.

FEATURES & BENEFITS*:
- Formulated with lemon balm and magnesium, recognized for their calming properties
- Encourages a refreshing, natural rest
- Enriched with apple pectin, a soluble dietary fiber, that has been shown to help support your digestive system, maintain regularity and create a prolonged feeling of satiety
- Fortified with Vitamin C to protect cells from oxidative stress and support optimal immune function
- Enhanced with cocoa
- Innovative blend of phytonutrients to provide antioxidant protection

USAGE:
- Take two capsules daily after dinner. Do not exceed the recommended daily intake.
- Complement with a balanced diet, exercise, and the Shake-it!, Go!, Vita+ and Momentum products from aNuMe.

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DESCRIPTION:

A delicious, lightly effervescent drink powder that mixes easily with water, Momentum is an innovative wellness supplement formulated to support mental focus and clarity with a safe, steady boost of energy...and with only 20 calories. Derived from natural ingredients and packaged in convenient, grab-and-go single serve sachets, Momentum is enriched with vitamins B and C, L-theanine and natural caffeine to support concentration and help convert food into energy in the body. Momentum is your ally to increase your energy and awaken your senses naturally.

FEATURES & BENEFITS*:

- Supports improved concentration and mental clarity
- Promotes mental energy to support optimal brain function
- Enriched with vitamins, minerals, and antioxidants that support energy metabolism
- Innovative blend of plant phytonutrients provide maximum antioxidant diversity and support
- Provides energy without the "crash" or jitters
- Low-glycemic-index drink
- Low in calories: 20 calories per serving
- Sweetened with Stevia, a natural zero-calorie sugar substitute
- No artificial flavors, sweeteners, colors or preservatives

USAGE:

- Mix the contents of one sachet into water and stir to dissolve. (Use 250 ml of water, or to taste.)
- Consume one to two sachets per day as desired. Do not exceed the recommended daily intake.
- Complement your wellbeing with a well-balanced diet, exercise, and the entire range of aNuMe products.

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**DESCRIPTION:**

Vita+ for Men is a comprehensive multivitamin & mineral supplement fortified with 14 vitamins and 17 essential minerals designed specifically for optimal Men's health. This innovative formula is enriched with powerful phytonutrients to provide antioxidant protection from free radicals, support immune function, and strengthen cellular integrity. Vita+ provides critical support for overall foundational wellness, boosted by plant-derived nutrient powerhouses specifically beneficial in meeting the needs of the male body, such as L-Arginine and Flower Pollen Extract.

**FEATURES & BENEFITS**: 
- Fortified with a broad spectrum of vitamins and minerals that adult males need every day to enjoy optimal health and nutrition.
- Contains a special blend of phytonutrients for powerful antioxidant protection and optimal function of the male body: L-Arginine, Flower Pollen Extract, Lycopene and Nu-Rice® Bran.
- Micronutrients of the Vita+ formula are beneficial for all key body systems, including the cardiovascular system, immune system, skeletal system and nerve and brain function.
- Key ingredients provide multiple additional benefits, such as lycopene and the combination of vitamin C and bioflavonoids, which support the healthy maintenance of many organs.

**USAGE:**
- Take 2 tablets daily. Do not exceed the recommended daily intake.
- Complement your wellbeing with a well-balanced diet, exercise and the entire range of aNuMe products.

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DESCRIPTION:

Vita+ for Women is a comprehensive multivitamin & mineral supplement fortified with 14 vitamins and 17 essential minerals designed specifically for optimal Women’s health. This innovative formula is enriched with powerful phytonutrients to provide antioxidant protection from free radicals, support immune function, and strengthen cellular integrity. Vita+ provides support for overall foundational wellness, boosted by plant-derived nutrient powerhouses specifically beneficial in meeting the needs of the female body, such as Cranberry, Alfalfa, Citrus Bioflavonoids, and Leucine.

FEATURES & BENEFITS*:

- Fortified with a broad spectrum of essential vitamins and minerals that female adults need to enjoy optimal health and energy levels.

- Contains a special blend of plant phytonutrients for powerful antioxidant protection and optimal function of the female body: L-leucine, Alfalfa, Citrus bioflavonoids, stabilized rice bran concentrate and blueberries.

- Micronutrients of the Vita+ formula are beneficial for all key body systems, including the cardiovascular system, immune system, and skeletal system, and also support healthy nerve and brain function.

- Key ingredients provide multiple benefits, such as lycopene and the combination of vitamin C and bioflavonoids, which support the normal, healthy function of key organ systems.

- Provides an unparalleled variety of vitamins, minerals, antioxidants and plant derived compounds to support optimal cell performance.

USAGE:

- Take 2 tablets daily. Do not exceed the recommended daily intake.

- Complement your wellbeing with a well-balanced diet, exercise and the entire range of aNuMe products.

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